

CONNECTION OVER PERFECTION

SUMMER BINGO



Say "YES" to a messy project	Fire up an appliance to make something from scratch	JUST FOR MOM Delegate a household chore and don't step in to redo it	Ignore the laundry basket for a full 24 hours"	DANCE PARTY! (kids pick the music)
Listen to an audiobook together on the floor	JUST FOR MOM Take a 15-minute 'mental vacation' to just daydream about a future trip	Watch a movie (or two) in the middle of the afternoon in your pajamas	Grow something (tend to a garden or just kept a houseplant alive)	Create a quiet hour (kids can draw or color while mom takes a break)
Create a secret family handshake	Collect cool rocks, shells, or leaves on a neighborhood walk	Run through the sprinkler or have a backyard water fight	JUST FOR MOM Let the kids sleep in late and enjoy the quiet house.	Play a cutthroat word game or logic puzzle
JUST FOR MOM Drink a cup of coffee while it's actually hot	Read a book out loud or listen to an audiobook together (maybe do it while snuggling in a comfy nest of pillows & blankets)	Take a 15-minute 'mental vacation' to just daydream about a future trip	Have a picnic lunch right on the living room floor	Mom, Ask your kids to teach you something they are really good at
Eat popsicles or ice cream before dinner	Go to a local park or playground you don't usually visit	Eat a meal completely outdoors	Create a sidewalk chalk masterpiece on the driveway or sidewalk	JUST FOR MOM Let a messy room stay messy overnight because rest is more important