

RECIPES AND IDEAS

Repurpose

your empty 15 ml
essential oil bottles



MINI GUIDE



www.WellnessSpoiled.com



Repurpose



SPRAY TOPS

Spray tops are an ideal solution for reusing your empty oil bottles. Make a throat spray, a kitchen cleaner or a facial mist by placing a spray top onto your old essential oil bottle. See recipes from next page.

EMPTY BOTTLES

Empty essential oil bottles or even roller bottles are great when you need to take just a few softgels with you. Ideal when you travel light.

ROLLER TOPS

Roller top is great for oils and oil blends you use often topically (e.g face serum, signature scent). Roller top turns a regular essential oil bottle into a roller bottle.

DROPPER

Remove the reducer and lid from standard bottles and replace them with a dropper for easy use. Perfect for thicker essential oils but great for face serums too. See recipe from next page.

Recipes



01

HAND SANITIZER

- 10 drops OnGuard®
- 10 drops Wild Orange

Fill with water

02

SORE THROAT

- 10 drops OnGuard®
- 10 drops Lemon

Fill with water

03

AIR FRESHENER

- 15 drops Purify

Fill with water

04

FACIAL MIST

- 10 drops Lavender
- 10 drops Frankincense

Fill with Witch Hazel or Rose Water

05

HAIR SPRAY

- 5 drops Lavender
- 5 drops Rosemary

Add 1 teaspoon sugar and fill with water

06

AFTER SUN

- 10 drops Lavender
- 10 drops Peppermint

Fill with water

07

KITCHEN CLEANER

- 20 drops Wild Orange or Lemon

Fill with water



Recipes



08

PILLOW SPRAY

- 20 drops Lavender or Serenity®

Fill with water

09

FIRST AID

- 10 drops Melaleuca
- 10 drops Lavender

Fill with water or FCO

10

HAIR SCENT

- 10 drops Ylang Ylang
- 10 Lavender

Fill with water

11

FACE SERUM

- 20 drops Copaiba

Fill with Jojoba or Argan oil

12

HOLIDAY ROOM SPRAY

- 5 drops Douglas Fir
- 5 drops Frankincense
- 5 drops Grapefruit

Fill with water

13

AFTER SHAVE SPRAY

- 10 drops Lavender
- 5 drops Frankincense
- 5 drops Helichrysum

Fill with FCO
