

Top 6 Essential Oils for Immunity

*These essential oils can be used aromatically, internally, and topically.
If you would like to know the various ways to use & apply these oils for your health,
please Book a FREE 30-Minute Wellness Consultation.*

1

Breathe (Respiratory Blend)

Allergies, Asthma, Bronchitis, Colds / Flu, Cough, Pneumonia, Respiratory Infections, Sinusitis, and Snoring

2

Frankincense

Autoimmune Disorders, Constricted Breathing, Laryngitis, Headaches, and Migraines

3

Lemon

Allergies, Runny Nose, Congestion & Mucus, Low Energy, and Brain Fog

4

OnGuard (Protective Blend)

Airborne Pathogens, Seasonal Immune Boost, Colds & Flu, Staph, Strep Throat, Cough, Cold Sores, & Chronic Fatigue

5

Oregano

Viral & Bacterial Infection, Cold / Flu, Strep Throat, Tonsillitis, Staph Infection & Mrsa, and Pneumonia

6

Tea Tree

Bacteria, Viruses, Cold Sores, Sore Throat, Tonsillitis, Ear Infections, Pink Eye, Bronchitis, & Cold/Flu

