

Ron Van Sessen



Drum Circle Facilitator
Supplements Educator
Sacred Circle Facilitator
Sacred Strengths Coach
Forest Bathing Facilitator
Meditation Guide

Hi, I'm Ron Van Sessen.

I am a highly adaptable, restorative, and responsible person. I believe in the significance of the programs we have developed at Inspiration Wood, and I hold this inspiring environment sacred as we put our knowledge into daily practice. I love to share with others while discovering areas of commonalities and using them to develop relationships and community. Whether I am leading a group through a forest bathing practice, a wellness workshop, or a drum circle, I feel great satisfaction in knowing I am serving others.

When I am not leading a practice or workshop, you may find me walking or jogging through the property, playing one of my many unusual musical instruments, observing some of the many wildlife species that live here, or simply spending quiet time in one of our many gardens.

My training includes Essential Oil and Supplementation Education, Essential Oil Science and Sourcing, and Sacred Strengths Coaching. I am Certified in Forest Bathing Facilitation, Drum Circle Facilitation, Guided Meditation, and Sacred Sound Circle Facilitation.