

CREATING BEAUTIFUL  
SPACES AND EXPERIENCES

WITH

*Madagascar Vanilla*



MADAGASCAR VANILLA EBOOK

# DIFFUSER BLENDS



*Madagascar Vanilla* gives us unlimited possibilities to create some of the most incredibly cozy, calm, and welcoming environments.

*Tip: You may find that you want to increase the number of drops due to the light aroma.*

## *Seasonal*

### PUMPKIN SPICE LATTE

- 5  Madagascar Vanilla
- 1  Harvest Spice





### HOME FOR THE HOLIDAYS

- 5  Madagascar Vanilla
- 2  Holiday Joy
- 1  Douglas Fir



# DIFFUSER BLENDS

## WARM HUGS

- 4  Madagascar Vanilla
- 2  Tangerine
- 1  Cassia



## CREME DE MENTHE

- 4  Madagascar Vanilla
- 1  Spearmint
- 1  Peppermint







## FLOWER CHILD

- 4  Madagascar Vanilla
- 2  Citrus Bloom
- 1  Patchouli
- 1  Ylang Ylang





## ICED CHAI

- 4  Madagascar Vanilla
- 2  Cardamom
- 1  Ginger
- 1  Cinnamon



# PERSONAL AROMA

*dolce*

- 20  Madgascar Vanilla
- 8  Citrus Bloom®
- 8  Arise®

Top off 10ml  
roller with FCO



*gray*

- 20  Madgascar Vanilla
- 8  Siberian Fir
- 8  Black Spruce
- 5  Sandalwood
- 1  Spearmint

Top off 10ml roller with FCO

# SIMPLE DIY'S

## DREAMSICLE BODY SCRUB

- 1 cup of fine brown sugar
- add carrier of your choice (FCO is fine) to get a wet sand like consistency.
- 10 drops of Madagascar Vanilla
- 5 drops of Wild Orange

Mix ingredients together and store in a sealed mason jar or air-tight container.

*Gift tip: For some added fun you could use white sugar and separate it into two bowls. Add skin safe colorant and Wild Orange to one bowl and the Madagascar Vanilla to the other. Then layer them in an alternating pattern to create a "sweet" gift packaged in a clear container.*



## VANILLA WHIPPED COCONUT OIL

- 1 cup coconut oil
  - 1 tsp vitamin E oil
  - 1 tbsp jojoba oil
  - 10 drops of Madagascar Vanilla
- Instructions
- Add all ingredients to a small bowl and mix on high for 6-8 minutes, until fluffy.
  - Store in an airtight jar or container and use like body butter.

# SIMPLE DIY'S



## LAVENDER VANILLA BATH SALTS

For every cup of unscented epsom salts or magnesium flakes, add 1 tsp of baking soda, 3 drops of Madagascar Vanilla and 2 drops of Lavender.

*Gift tip: Double, triple or even quadruple this recipe. Add some dried lavender flower to your mixture. Combine thoroughly and pour into a decorative canister or container. Include a scoop or spoon with a cute tag or card.*

## SWEET SHEETS LINEN SPRAY

- 2oz spray bottle
- distilled water
- Madagascar Vanilla
- Bergamot
- Juniper Berry

Combine 8 drops of Madagascar Vanilla, 4 drops of Bergamot, 2 drops of Juniper Berry 1.5 oz of distilled water in a 2 oz spray bottle. Shake before each use. Spray bedding and let settle before snuggling up for bed.

Tip: Try this combo in a smaller ratio in the diffuser



# QUICK TIPS



Add a few drops to your dōTERRA Unscented Hand and Body lotion when applying.

Apply 3-4 drops to your dryer balls. The aroma lingers longer when you add it toward the end of the drying cycle.



Include Madagascar Vanilla in your favorite roller bottle blends.



Use it all on its own for a personal aroma. Apply over heart, pulse points, and through your hair.



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THE POSSIBILITIES  
ARE  
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*Madagascar Vanilla*

