

## DIY Peppermint Lip Sugar Scrub

### Ingredients:

- 2 Tablespoons of fine grain sugar
- 1 Tablespoon doTERRA Fractionated Coconut Oil (where to buy)
- 5 drops doTERRA Peppermint Oil (where to buy)
- 1/4 teaspoon or 1 capsule of Vitamin E (optional but a great natural preservative)
- 1 small container with lid

After getting these ingredients in order, all you have to do is mix them together and its ready! To use, gently massage onto your lips and wipe clean. You can keep it on your vanity or bathroom counter and use it morning, evening, or whenever your lips are feeling particularly dry.