

## **DIY Lotion Bars with doTERRA Essential Oils**

### *Ingredients:*

1/3 cup beeswax pellets

1/4 cup coconut oil

1/4 cup cocoa butter

1/2 tsp vitamin e oil

10-15 drops doTERRA Listea oil (OR doTERRA Lavender and/or Frankincense oil)

Silicone Molds

Storage tins (optional)

*Directions:* Slowly melt beeswax, coconut oil, and cocoa butter in a large jar using a double boiler. Remove jar from heat and stir in vitamin e and essential oils. Pour melted mixture into molds. Let lotion bars harden for 2-3 hours before removing from molds. Apply to skin as needed. Store in glass jar, metal tin, or sealable bag.

Yield will vary depending on type of mold used but the molds used here will produce approximately 4 lotion bars using the recipe above.