

*“There is no passion to be found in settling for a life that is less than the one you are capable of living.”*

NELSON MANDELA

## HEALING TOUCH

**G**INA PONGETTI ANGELETTI, MPT, MA, CSCS, ART-Cert. has dedicated her life to the well-being of athletes and performers. As owner of Achieve Physical Therapy, Gina is world renowned for her work treating Broadway touring artists, gymnasts including World, Olympic, and NCAA champions, dancers, and skaters. She studied communications, theater, and Physical Therapy at Marquette University, and Health Communication at Michigan State University.

### **How do you impact your clients?**

I offer a unique balance of understanding how the body functions, the mechanics of sport, and solving mysteries of how injuries happened. Our team of medical professionals synthesize this information and get clients back to even better than previous function—in their mind and body. We spend time listening, researching, and connecting.

### **What are your greatest wins?**

There isn't just one. Watching others triumph, when you have been an intricate part of not only their success and glory, but their true happiness is like watching your own children. It is magical.

### **What organizations do you enjoy contributing to?**

I am blessed to be on the Board of Directors at Wellness House. Cancer has touched my life in a big way—my father lost his battle six years ago, I have two dear friends and an aunt who are currently fighting their hardest, and my husband was just recently diagnosed. Wellness House teaches you how to live and thrive while walking cancer's journey.

### **What advice would you give to future Power Women?**

Believe in the product that you create, and in the team that produces it. Whether that is just you or your team, never settle for less than the hardest workers and the kindest people. You can teach a skill; you cannot teach integrity.

*For more information, visit [achieveorthosports.com](http://achieveorthosports.com).*



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